

# SEXUAL HEALTH

Michael Gerber, M.D., H.M.D.

## That Sexy Frankenhauser

*The physical and psychological scars of surgery or abuse prevent many women (and some men) from having healthy sex lives. Neural Therapy—the injection of procaine into the skin or nerve plexus—can achieve miraculous results by restoring normal functioning.*

Of all the medical modalities that I practice, Neural Therapy is one of the most gratifying, especially when used to cure sexual dysfunctions. This medical modality—injecting the skin or nerve plexuses with procaine—can result in instantaneous relief from many types of pain. It removes energy blockages caused by trauma, infection, or scars. Scars create

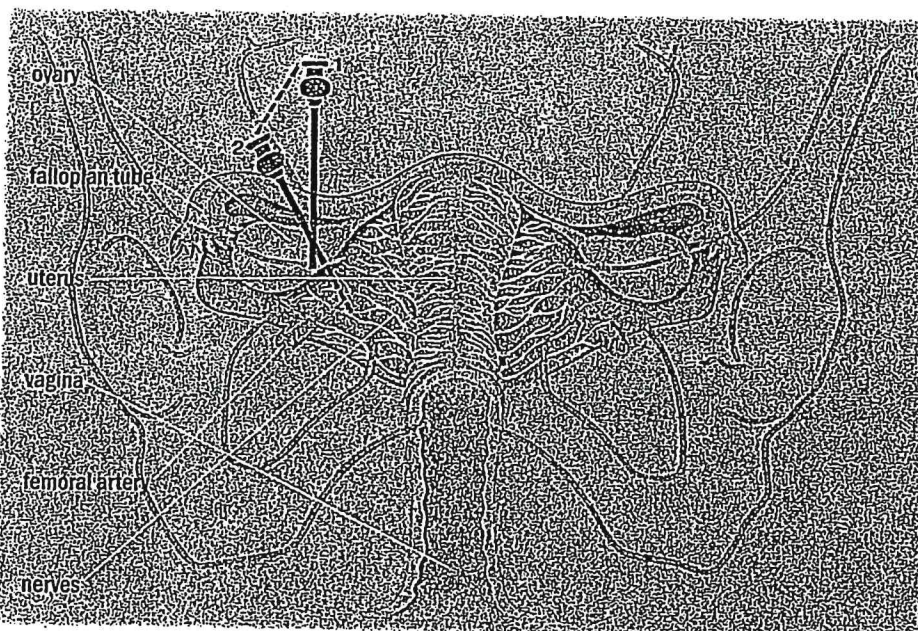
what is called an interference field, which can cause disturbances at distant sites of the body. The consistently successful results of Neural Therapy indicate that it would be beneficial to inject all scars with procaine to reestablish normal nerve function and reopen blocked energy flows and acupuncture meridians. Little known in the United States until recently, Neural

Therapy is employed far more extensively in Western Europe, and especially in Germany, where it was developed.

### **So how does neural therapy get to be very sexy?**

Both men and women have a second brain in the pelvis (no surprise) called the hypogastric plexus, or Frankenhauser plexus, named after Ferdinand Frankenhauser, a 19th century German gynecologist who did pioneering research in the functioning of this area. These nerves can become damaged or disturbed in their function after

A variety of sexual dysfunctions in women, due to scar tissue, physical trauma, or emotional abuse can be cured with Neural Therapy, in which procaine is injected into the hypogastric (Frankenhauser) nerve plexus.



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surgery such as a hysterectomy or c-section (cesarean birth); infection; gynecologic procedures; sexual abuse, physical abuse and sometimes even psychological abuse. Symptoms which indicate treatment of the Frankenhauser plexus include endometriosis (growth of the mucous lining of the uterus outside of the uterus), painful periods, abnormal menstruation, pelvic

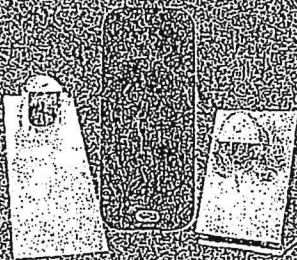
floor pain, lower abdominal pain, backache, painful intercourse, sense of pelvic discomfort and downward pressure, frigidity, sterility, bladder infections, premenstrual syndrome and autonomic pelvic disorders.

Men, too, can have disorders of the Frankenhauser plexus, but have different anatomy. Lower back pain, prostate problems, lower bowel complaints and sexual performance problems are indications to consider treatment for men.

The residual damage caused by surgery in women is by far the most common reason to treat with neural therapy. Many women complain of loss of feeling in some part of the pelvis after a hysterectomy. Injecting the hysterectomy scar alone results in frequent normalization of feeling. Injecting the Frankenhauser plexus can return sexual pleasure and orgasms to women who lost their capacity after surgery. Now ask her if the Frankenhauser is sexy or not!

Long-lasting depression or frigidity is common after sexual abuse. Many patients who have gone to "talk" therapy for twenty years after rape or incest still feel the psychological scars from their abuse. Lost sex drive is bad enough, but severe depression is worse. Many abused women

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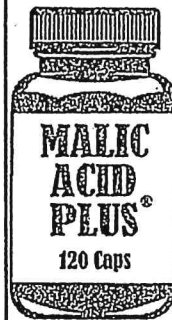
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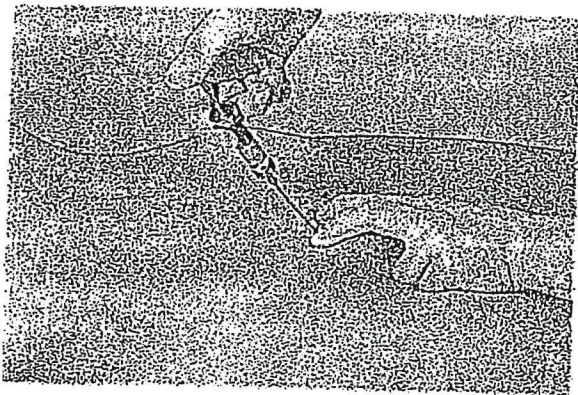
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## SEXUAL HEALTH

take medication to help deal with their symptoms and still have suicidal moments. Frankenhauser to the rescue!

After injecting the Frankenhauser plexus—which, by the way, sounds bad but is only minimally painful and takes about one minute—I have seen complete changes in the mood, and even in the facial appearance, of patients within 30 minutes. The procaine “cleans” the nerves and lets them start firing normally by restoring their electrical potential, allowing nerve impulses to travel without interruption. All of these nerves also have fibers that extend to capillaries—if the nerves are dormant or dead, the capillaries don’t open to allow blood flow and proper nutrition to the surrounding tissues.

Patients will frequently experience an emotional release. For example, he or she will have a brief memory of sexual abuse that happened in the past. They may feel anger, rage or shed tears, which usually are released within a few minutes. Sometimes a grieving process follows that can last up



Neural Therapy of the Frankenhauser plexus: In actual practice the entrance point of the injection is slightly different (higher in the public area, and at a different angle) than shown in this photograph.

o several weeks. The most common end result is that the chronic pelvic pain or depression completely subsides.

Recently, a female patient who had suffered greatly from a history of childhood sexual abuse, and had been in every conceivable therapy for decades, had quite the opposite reaction. When I told

her she might have an emotional release of old memories of sexual trauma, she fretted about it beforehand. But with her first treatment she instead experienced a delightful feeling of innocence and purity sweeping through her body with a sense of euphoria and lightness. She said she felt very virginal and childlike, as if the events had been cleaned away. She felt great afterward as most patients do. Usually the Frankenhauser is not so dramatic, although patients remember it as that “Frankenstein shot.” It causes pain to go away, elevates one’s mood, and improves one’s sex life. Some women complain that after childbirth their libido diminishes. This is a common indication for neural therapy and, most probably, a little hormonal intervention.

We see several miracles a week from neural therapy, but none so gratifying as the resolution of chronic, severe bladder infections. Usually women afflicted with chronic bladder infections experience a continuous burning pain in the bladder and hot burning poker-types of pain during urination, with spasms of the urethra. These women are routinely on continuous antibiotic therapy, urinary anesthetics, and oral pain medication. Usually one Frankenhauser injection mixed with homeopathics and Sanum isopathic remedies (see Quick Definition) stops the pain and burning on urination immediately. The relief can be permanent or the injection may need to be repeated several times at weekly intervals. But the relief is immediate! What a joy to watch!

There is nothing like the Frankenhauser shot in all of medicine to undo damage

## Is Procaine Like Cocaine?

In 1884, Carl Koller, a Czech-born American ophthalmologist practicing in New York City, first demonstrated the anesthetizing effects of cocaine on the eye, and paved the way for the first eye surgery. Excited by the possibilities of this kind of “pain killer,” other researchers tried to discover or develop similar substances.

In 1905 a German physician named Alfred Einhorn synthesized procaine, better known for its use by dentists as a local anesthetic under its brand name Novocain. Procaine is not related to cocaine at all except for its anesthetic effect.

Einhorn’s discovery led to the development of Neural Therapy, which is the injection of procaine into the skin or directly into the nerve plexuses of the body.

and open up the pelvic nerves. Women just don’t feel sexy if they are in pain, depressed, or have no sex drive. It is truly wonderful to have learned this therapy, and be able to help so many people. We have to thank Dietrich Klinghardt, M.D., Ph.D., for teaching this art to physicians in the United States and around the world. Of course, physicians need to be trained in courses of Neural Therapy to learn how to properly administer it. Neural Therapy courses are taught several times per year by the American Academy of Neural Therapy at 206-749-1275. ■



### Contact:

Michael Gerber, M.D., has practiced orthomolecular medicine, chelation therapy and nutrition for 25 years. He is founder and director of the Gerber Medical Clinic in Reno, Nevada, at which acupuncture, neural therapy, Sanum Therapy, homeopathy, herbology, and detoxification modalities are also employed. He is a past president of the Orthomolecular Medical Society and currently the Secretary-Treasurer of the Nevada Association of Homeopathic Physicians. The Gerber Medical Clinic is located at 3670 Grant Dr., Reno, NV 89509. Tel: 775-826-1900.

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